

Fishing regulations

The following fishing regulations is set for 2023

- The fishing regulations are limited to the anadromous part of the Stjørdal river
- Fishing for salmon is permitted from June 1 to August 31.
- It is only allowed to fish with fly, lure, worm or wobbler
- The use of sinkers is only allowed when using worm.
- When using a bobber, it must not sink.
- When fly fishing, the cast weight must be in the fly line or in the bobber.
- Female fish over 65 cm is protected in August and must be released
- The use of worm is not permitted in August
- All sea trout must be returned to the water immediately with as little injury as possible. All sea trout are to reported to Laksebørsen.
- At Fersoset, Sonoset and 100 m. downstream from here it is only allowed to fish with lightweighted flies.
- The regulations can be changed during the season.

Bag limit

- The daily bag limit cannot be transferred to other anglers.
- The daily bag limit in the Stjørdal River is 1 salmon per day.
- The seasonal bag limit is 6 salmon, out of which 3 could be longer than 65 cm (app. 3 kg).
- If a fish is killed, fishing must stop until a new fishing day starts
- Any salmon retained or released must be declared on the fishing ticket immediately. Please declare the right beat number/name. All fish, whether retained or released, must also be reported to Laksebørsen (the local fishing database), web: www.lakseborsen.com.
- Released fish is not included in the bag limit but must be reported as released. Maximum 3 salmon are to be released per day.
- Salmon with the adipose fin clipped is to be reported to Laksebørsen.
- Fish showing the distinct characteristics of farmed salmon is not included in the bag limit. Farmed salmon must be retained.
- A day ticket is 24 hours; otherwise the change of day is at midnight.
- Shellsamples of all killed fish are to be delivered to Laksebørsen.

Combating fish diseases

- Only worm from the Stjørdal valley is allowed to use. The exception is worm bought in stores bred by producers officially certified by the Norwegian Food Safety Authority.
- Fishing gear used outside of Stjørdal is to be disinfected before used.

Violation of the fishing regulations

Violation of the rules is punishable, cf. Act on salmonids and inland fish. Violation may result in a fee or possibly a police report. Fishing cannot be resumed before charge fee is paid. Fee for lack of disinfecting, failure to report and breach of regulations regarding fishing gear is kr. 3000, -. The fee for quota violation is kr. 6000, -.

In addition to the fee, the fisherman being taken for quota breach will be expelled for the current and subsequent season from Stjørdalselva. The owner / landlord / license seller is required to inform about the current regulations in the river, as well as to check whether the fisherman has solved the fishing fee and has a valid disinfection certificate.